



CHEFS FOR THE DAY

Ronald McDonald House Charities WA's (RMHC WA) purpose is to keep patients and families together and resilient. When a child is sick or injured it impacts the whole family. RMHC WA plays a unique role in enabling, facilitating, and supporting family-centred care within the Western Australian child and adolescent health system. To achieve this, RMHC WA's supported accommodation, facilities and programs integrate with hospital infrastructure to optimise efficiencies, patient access and experience of healthcare - 24/7, 365 days a year.

On Wednesday 22 March, volunteers from the Planning and Projects Team volunteered at RMHC WA as part of their Lovin' from the Oven program, which gives volunteers the opportunity to 'bake a difference' in the lives of families onsite. Team members are tasked with preparing a grab and go style lunch for around 60+ people in a short 3-hour span. After a quick introduction and walk through the kitchen, the team quickly got to work - putting on their aprons and selecting their recipes. The team prepared a variety of items, including a Healthy Rice Slice, Beef Sausage Rolls, Cheese & Vegemite Scrolls, Spinach and Ricotta Rolls, Blueberry Muffins, Fruit Kebabs and a selection of Mini Pizzas - with meat and vegetarian options. Team members put their culinary skills to the test, working quickly and efficiently within the limited space and short timeframe, cleaning as they baked, with the Bain Maries filled for the families by 12.00pm.

Once all their baking was complete, the team put together some takeaway meals for the families staying at PCH, and then had the opportunity to tour the facilities, learning more about gaining a better understanding of the vital role that Ronald McDonald House plays for regional families in WA.

A big round of applause goes out to this team who smashed out the tasks with a great spirit throughout the day. They were pros in the kitchen and delivered an amazing lunch for the RMH families, all with a smile. We hope you enjoyed your volunteering experience.



[You can view more photos from the team day HERE.](#)

